



## John Howitt Elementary School

3867 Marpole Street, Port Alberni, B.C., V9Y 6Y3

Telephone 723-7521

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September 14, 2015

Dear Parent(s)/Guardian(s);

A great welcome to 2015/2016 opportunity has been offered to our class. It is a Traditional Nuu-chah-nulth Classroom/Student Cleansing. We will have a guest Nuu-chah-nulth Member, along with our Nuu-chah-nulth Education Worker, Sherri Cook, in our classroom to teach us about Nuu-chah-nulth Culture and History.

Nuu-chah-nulth People believe strongly that "Hii-Shuukish-Tsawalk" (everything is one; all is connected). Everything has a spirit and energy exists beyond the end of school one year and into the next. This will be our opportunity to learn about Nuu-chah-nulth Traditions and experience cleansing of energy from previous students in our classroom, previous energy in our classroom and cleanse our own spirits to allow GREAT new experiences to occur for all of us.

All participants will hold on to cedar branches (each student will feel the bristles of each branch to remind them that they are alive and well to embrace life and all that it offers) and/or "Smudged" (smoke from Sage will be fanned over the body and spirit).

Classroom and furniture will also be cleansed to allow any previous energy from: falls, bad energy, bullying, accidents, sad circumstances, etc. to be released and ensure the room is safe for all and only good things will happen.

If you have any questions about the "Cleansing" or would like to observe please contact Sherri Cook 250-723-7521 or [scook@sd70.bc.ca](mailto:scook@sd70.bc.ca)

Thanks for your time and consideration, we look forward to this teaching and experience with your child.

Mrs. S. Manson

Principal

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